



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 85

AGE AND GENDER Female Aged 24 years

ETHNIC BACKGROUND Caucasian

OCCUPATION AND HOBBIES Software Developer: occasional VDU use; drives: Quilting (recently started this after an evening school course)

PRESENTING SYMPTOMS AND HISTORY Occasional horizontal diplopia when tired, words sometimes "run into each other" when reading and quilting. Is adopted so cannot give any family history.

GENERAL HEALTH AND MEDICATION Eczema, corticosteroid cream used if there is a flare up.

PRESENT Rx, CENTRATION AND ACUITIES No specs

PD/NCD 61/58 at 25 cm

VISION RE: 6/5-3 LE: 6/5

PINHOLE VISION RE: 6/5-1 LE: 6/5-1

REFRACTION RE: -0.50/+0.25 x 85 LE: -0.25DS

VA Distance RE: 6/5 LE: 6/5

Near RE: N5 at 25cm LE: N5 at 35cm (habitual working distance)

ACCOMMODATION RE: 9.0 LE: 9.0 Binoc 6.0

BINOCULAR STATUS with Rx: Maddox Rod 2Δ exo

Maddox Wing 8Δ exo

Mallett Distance no slip

Near 2Δ base IN RE

MOTILITY full, no diplopia

CONVERGENCE NPC = 20cms

PUPIL REACTIONS Direct, consensual and near reflexes present

FUNDUS EXAMINATION CD ratio 0.3, shallow. Disc margins defined. A:V ratio: 2:3, regular caliber, macula – flat, foveal reflex present. Retina: flat and even colouration

FIELDS Not assessed

IOP RE: 14 mmHg LE: 13mmHg Icare 2.40pm

EXTERNAL EYE EXAMINATION see attached

External eye image

